



THE 'SHELL SHOCK WALK Saturday 16th September 2017

Walk the London Bridges with PTSD Resolution Commemorating the Battle of Passchendaele

Turn up on the day and pay £20 - or **Reserve your place now! £20.00** [Click here](#)

When: Saturday 16th September 2017

Where: From Wandsworth Bridge to Tower Bridge

Distance: 8 miles (approximate)

Meeting time: From 12:30 at the Waterfront Pub, Juniper Drive, London, SW18 1TS

Start time: Leave at 1.30pm

Finish time: Estimated 5pm - 5.30pm

Entry fee: £20.00 per adult - children go for free (cash payment collected on the day or purchase in advance in our shop)

If you would like to raise sponsorship start a Just Giving page for free at: <https://www.justgiving.com/ptsdresolution>
Suggested sponsorship target: £100.00

Also, why not add it to your target for **Walking round the world** at: www.walkroundtheworld.co.uk

Sign up for the Shellshock Walk Here £20.00

For further information contact events@ptsdresolution.org

From Shell Shock to Combat-Related Stress.

As we approach the centenary of the Battle of Passchendaele, it is important to remember that many soldiers faced more than the threat of enemy fire. Shell Shock not only impacted upon the mental health of these men, it also had serious social and legal consequences.

Only two years before this ferocious battle, for example, the British Army declared that men who developed shell shock as a result of a shell explosion would be entitled to wear a special 'wounded' rank and receive a pension. In contrast, men who had not been involved in a shell explosion were entitled to nothing and were instead branded as having a defective character. But such a narrow definition of the causes of shell shock was problematic because the Army often had difficulty in proving which cases were which. This left many soldiers adrift of the help and support they needed.

Court Martial

Tragically, many of the victims of Shell Shock were court-martialled during World War One and their diagnosis of Shell Shock was not considered an admissible defence. Of the 346 executions carried out by the British Army, for example, 266 of these were for 'desertion.' Another 18 men were killed for 'Cowardice,' 7 for 'Quitting A Post Without Authority,' 5 for 'Disobedience to a Lawful Command,' and 2 for 'Casting Away Arms.' In 2006, the government issued a posthumous pardon to each of these men but, for these men, the damage was already done.

The Battle of the Somme (1916) created an additional 60,000 casualties of Shell Shock – a figure unmatched by any other battle – and, in its aftermath, the Royal Army Medical Corps was banned from using the term, 'Shell Shock.' While the name disappeared, the condition has lingered. The anniversary of the Battle of Passchendaele (2017) a year later acts a continuing and potent reminder.

Walking for Veterans

To commemorate the centenary of the Battle of Passchendaele we are looking for walkers to join us on the 'PTSD Resolution Shell Shock Walk.'

Why not bring your friends and family along and make it a day out in the capital?. Enjoy the sights of London and raise funds for former Service men and women and their families who are struggling from the trauma of conflict and help them get back to a normal life.

**Every step taken brings us closer to returning a serviceman or woman to a normal life.
We look forward to hearing from you.**